

Course Title: PSY 340 Child And Adolescent Development

Term: Fall 2022

Instructor: TBA

Course Credit: 3

Mode of Instruction: Online

Course Description:

This course covers human development from conception through adolescence. Theories and empirical literature relevant to the biological, cognitive/intellectual, emotional, social, cultural, and transcultural development of the individual personality are explored. We will explore a variety of lenses to understand child and adolescent behavior and development—models of psychosocial, interpersonal, cognitive, moral and emotional development will be studied within the multiple contexts of family, peer group, community and school. The purpose of the course is to provide students preparing to enter the helping professions with an in-depth understanding of the developmental needs of children and adolescents.

Course Prerequisites:

PSY 240 Developmental Psychology

PSY 290 Research Methods In Psychology

Learning Outcomes:

By the end of the course, the student should be able to:

- A. Compare, contrast, and critique major theories of child development and their scientific bases;
- B. Conceptualize the interaction of biological, familial, social, and diversity factors which influence both regularity in development and individual differences;
- C. Analyze the contributions and limitations of research in the field of child development;

D. Identify ways in which they can act to influence the larger contextual factors which impact the wellbeing of children;

E. Understand the interrelationships among physical, cognitive, and social and personality development;

F. Be aware of both the commonality and diversity of today's multicultural society.

Course Material:

Daniel J. Siegel MD, *Brainstorm: The Power and Purpose of the Teenage Brain*, 2th, Tarcher, 2014.

Evaluation:

- Homework [40%]
- Mid-term Exam [25%]
- Final Exam [35%]

Description of the Evaluation tasks:

Assignment/ Essay/ ... : During the term, students will be required to finish several evaluation tasks within due date. All the tasks are linked with specific course topics/outcomes and will adequately assess students' competence and learning outcomes. Students are encouraged to meet with instructor about these tasks at any point.

Mid-term/ Final Exams/ Quiz/... : There may be periodic quizzes given at the beginning of lecture sessions; the feedback from these quizzes will monitor the progress of the learners and help to set learning priorities. There will be mid-term exam/ final exam for the course. They are the basic criteria for the evaluation of students' learning outcomes and final grade.

Grading Policy:

Students are supposed to finish each online lecture. Prior to each class, students should finish the required readings. During the class time, students are encouraged to make use of all relevant online course resources and communicate with the instructor. Students' grades are accumulated based on the cumulative evaluations.

Students' letter grade will be assigned according to the following scale:

A+ 90-100	A 85-89	A- 80-84
B+ 77-79	B 73-76	B- 70-72
C+ 67-69	C 63-66	C- 60-62
D+ 57-59	D 53-56	D- 50-52
F < 50		

Academic Integrity:

Students must strictly adhere to the university's academic integrity rule; and all essays, exams and any other form of academic assignments must adhere to these rules. Any form of plagiarism, cheating, or misappropriation of materials will be considered a violation of academic integrity and will be punishable by the university.

Withdrawal from the Course(s):

Students will be able to apply for a transfer or withdrawal within 3 days of the starting date of the course. If a withdrawal is applied for within 3 working days, the tuition fee will be fully refunded. After 3 days, the tuition fee will not be refunded. If a withdrawal is applied for in the first two weeks, it will be recorded as W (Withdraw) on the course transcript. After this initial two-week period, the class will be recorded as F (Fail).

Tentative Schedule:

Week 1

1	The Essence of Adolescence
2	The Benefits and Challenges of Adolescence
3	Maintaining the Power and Purpose of the Adolescent Mind into Adulthood
4	Adolescence from the Inside Out
5	Risk and Reward Homework#1

Week 2

6	The Timing of Puberty, Sexuality, and Adolescence
7	The Stress and Distress of Our Extended Adolescence
8	Adolescent Transitions and the Centrality of Our Relationships
9	Mindsight Tools : Seeing and Shaping the Sea Inside
10	Three Basic Kinds of Mindsight Maps Homework#2

Week 3

11	Seeing Inside the Sea Inside
12	Mindsight Practice
13	Mid-term Exam
14	Empathy Integration
15	Sensing the Harmony of Integration Homework#3

Week 4

16	Detecting Chaos or Rigidity and Balancing the Mind
17	Mindsight Strengthens the Mind, the Brain, and Our Relationships
18	Dopamine, Decisions, and the Drive for Reward
19	Family, Friends, and Fooling Around The Purpose of Adolescence
20	Family, Friends, and Fooling Around The Purpose of Adolescence (Cont.) Homework#4

Week 5

21	Adolescence as the Gateway to Creative Exploration
22	Vulnerability and Opportunity
23	Adolescence Builds Integration in the Brain
24	The Emotional Lower Brain
25	Final Exam